

# 1.3 ACTIVITY 1 : "I'm a PROFESSOR"

Please fill in the following information:

Full name:	 	 	
Entity/School:	 	 	
Country:			

All people have valuable knowledge and skills for the development of our lives that may be of great interest to others. Experiencing how other people learn something from our teachings is an empowering and very rewarding experience.

Education is a constant living mutual experiences between people (trainer and student) and the authentic richness in the formative processes is based on the non-bank concept of knowledge.

#### **CHOSEN THEME:**

About what to do in training: something that you know how to do and want to teach how to do it. It can be something related to your profession/work (knowledge in gender equality, evaluation techniques, dynamics of reflection, ...) or another skill that you have Think what you can do in 1 hour. Some examples of the "I am a teacher" sessions carried out in the courses we develop have been: African dances, patchwork, making a cold dessert, relaxation exercises, making appointments on the internet...

Nº HOURS OF THE TRAINING TEACHING PRACTICE: 1 HOURS (fixed duration)

## WHAT I WANT TO TEACH:

From the chosen topic, define what content, skills participants will learn in the session. Some examples: 2 dances, hand patchwork, cold cake.

## WHAT TECHNIQUES, ACTIVITIES AND RESOURCES I'M GOING TO USE TO DO IT:

Development of the activity, dynamics and techniques to use. Example African dance:

Explanation of the origin and meaning of the dance, Listen to the rhythm, Show the steps and repeat them in group step by step, dance





#### RESOURCES

Describe the resources needed to develop the activity, classifying them according to whether you can take them to the training or if you need them to be provided.

Example African dance: Space without tables or chairs, music and music player. I provide the music and the player. I need to be provided with: loudspeakers.

I contribute:

I need to be provided:

## OBSERVATIONS